



FRIENDS
OF THE
AVON
LIBRARY

Beyond the Bookends



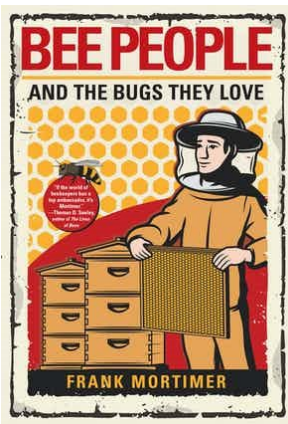
Newsletter of the Friends of the Library & the Board of Trustees

Spring 2022

GARDENING PROGRAMS @ Avon Library

Bee People and the Bugs They Love

Thursday, April 28, 2022 @ 7:00 pm



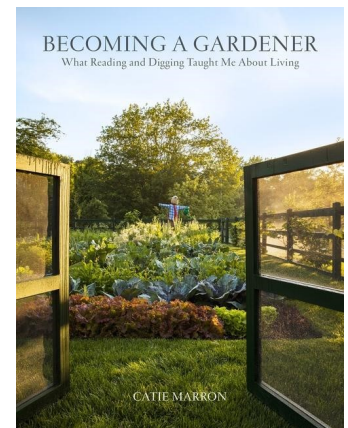
Join us for a **virtual event** with Frank Mortimer! He'll tell you about his journey from "bee curious" to Master Beekeeper, and how his childhood fascination with the industrious bee led him to become a seasoned, certified master responsible for the productive survival of his own backyard hives.

This virtual program will be presented on Zoom.

Becoming a Gardener with Catie Marron

Thursday, May 12, 2022 @ 2:00 pm

Join us for an **in-person author event** with Catie Marron as she shares her new book, *Becoming a Gardener: What Reading and Digging Taught me About Living*. This is a beautifully designed, full-color personal account of what it means to become a gardener, filled with specially commissioned color photography, watercolors and fine art.



This in-person event will be held in the Community Room.

Please register online @ www.avonctlibrary.info

These programs are sponsored by the Garden Club of Avon & the West Avon Garden Club

Letter from the President(s) of the Friends of Avon Public Library

March 2022

Dear Friends,

Change is inevitable, and to be honest, not always welcome. But this time of year, there are many changes that are welcome: Daffodils and tulips sprouting from the earth, longer and warmer days, declining cases of COVID 19 in our town, and as always, new books and programs at the Avon Public Library. On a personal note, we have a change to celebrate on the Friends' Board. I have so enjoyed being the president of the Friends of the Avon Public Library, and now I am happy to pass the baton to a most capable, hardworking, experienced Friend who is also someone I am proud to call my friend - Lisa Berman.

Lynn: Hi, Lisa. Will you tell us a bit about yourself and the work you've been doing for the Avon Public Library.

Lisa: I moved to Avon 18 years ago and fell in love with the library. I have been a member of the Friends' Board for over 10 years, organizing Book Sorting and the Book Sale Committee. I am honored to begin this new year as President.

Lynn: Let's talk about how The Friends organization is supporting the library these days.


Lisa: We are excited about the Yoga and De Stress, Dementia Care, Women Make Movies programs as well as assisting with TEEN Chess Club and Early Literacy Take Away Packets!

Lynn: Finally, we can't let you go without a book recommendation.

Lisa: Thank you Lynn! We are so appreciative of your calm leadership. I am reading *The Fire Keeper's Daughter* by Angeline Boulley.

Lynn: Congratulations, Lisa, I'm so happy you'll be our new president! And now, back to our books! (I am loving my latest read, *The Book of Longings*, by Sue Monk Kidd.)

Lynn Katz, Outgoing President, and Lisa Berman, President, Friends of Avon Free Public Library



Join Crazy 8s Club, where you'll build stuff, run and jump, make music, make a mess... it's a totally new kind of math club.

Math gone wild!

Be Ahead of the Curve
Space is limited, so be sure to sign up!

Crazy 8s -Season 1
Grades K -2
Meets for 8 Mondays
3/14 -5/9
4:30 -5:30 pm
Register online @ avonctlibrary.info

Over-the-top fun with friends each week

Make math the cool thing to do after school

62mph
128mph

Math will never be the same.

www.crazy8sclub.org

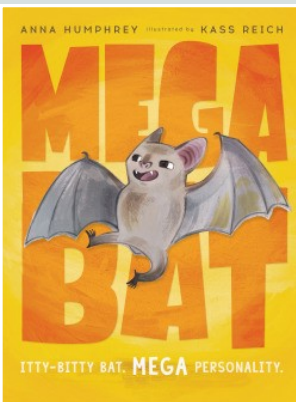
Passport to CT Libraries

After a two year hiatus (thanks, COVID) the **Passport to Connecticut Libraries** program returns this April, and Avon Library will once again be participating! Libraries all across the state are taking part in this program to make people of all ages aware of the power of their library card. Take your library card and passport (you can get one from us) to at least **five libraries** on the list to be eligible to win a gift card! It's a great chance to get out and visit some of Connecticut's libraries. Stop by the circulation desk in April to pick up your passport and begin your travels!



Nutmeg Narwhals Book Club

Tuesday, March 22nd @ 4:30 pm (via Zoom)



Nutmeg Narwhals Book Club meets one Tuesday afternoon per month, and is open to kids in grades 1-3. At each meeting we discuss a book and do a STEAM-based activity related to the book. Books and materials will be available for pickup in the children's department on the second floor of the library. Please register online or by phone for this virtual event.

This month we are reading **Megabat** by Anna Humphrey. It's a funny, sweet story about a lonely boy and a bat, and the friendship formed over their love of Darth Vader and jellyrolls.

The Brownie Diaries: A Virtual Author Event with Leah Hyslop

Thurs., April 14, 2022 @ 2:00 pm (via Zoom)

Join us for a delicious virtual conversation with **Leah Hyslop!** *The Brownie Diaries: My Recipes for Happy Times, Heartbreak and Everything in Between* includes fifty modern, mouthwatering, and witty recipes for the world's favorite chocolatey treat from food writer Leah Hyslop.



Leah firmly believes "brownies have a near-miraculous ability to make us feel good. A single bite sends sugar and serotonin racing through the body, ready to patch up confidence or piece together a shattered heart." Her recipes are delightful, proving there really is a

brownie for any occasion. Super fun and totally user-friendly, *The Brownie Diaries* offers brownie-based solutions to all life's challenges, big and small.

Please register for this program online and a Zoom link will be sent to you.



APRIL EARLY LEARNING BAGS

PICK UP ON KIDS FLOOR STARTING MONDAY, APRIL 4TH AT 10 AM

LEARN & CREATE @ HOME

Recommended ages 3 - 6

Contains : Spring inspired math, science, and prewriting activities, song suggestions, and a parent guide

No registration, while supplies last

UNEARTHING HISTORY: VIRTUAL LECTURES

* Funding provided by the Lower Farmington River and Salmon Brook Wild & Scenic *

Ice Age Animals of New England

Thursday, April 7, 2022 @ 7:00 pm (via Zoom)

Presented by Dr. Sarah Sportman, CT State Archaeologist, and Dr. Nathaniel Kitchel, Dept. of Anthropology, Dartmouth College. This presentation will focus on the Pope Mastodon (found in Farmington, CT on the grounds of the Hill-Stead Museum), the Mount Holly (VT) Mammoth, and other animals of the Ice Age.

Paleo-Indian Foodways with Trade & Network Exchange

Thursday, May 12, 2022 @ 7:00 pm (via Zoom)

Presented by Dr. Jonathan Lothrop, Curator of Archaeology, New York State Museum. Dr. Lothrop's focus is on the Pleistocene (Ice Age) into the Holocene period where Natives colonized from 11,000—8,000 B.C. His research details their technology, settlement and subsistence. He is a consultant on the Brian D. Jones site analysis.

Please register @ www.avonctlibrary.info and a Zoom link will be sent to you before the event.



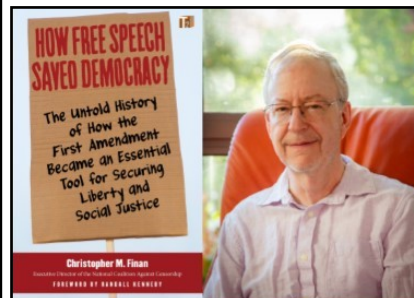
RAZZLE DAZZLE DANCE PARTY

THURSDAY MORNINGS
SESSIONS IN APRIL & MAY
11:00 - 11:30 AM
FOR AGES SIX AND UNDER
OUTDOORS - LIBRARY LAWN

Registration required. Check our website for information about COVID and weather as well as dates for each session.
FOR REGISTRATION, VISIT WWW.AVONCTLIBRARY.INFO

How Free Speech Saved Democracy: Virtual Author Event with Christopher Finan

Wednesday, May 4, 2022 @ 7:00 pm (via Zoom)



Join us for a conversation about Free Speech, moderated by Dr. Robbin Smith, CCSU Political Science Department Chair, to celebrate the release of *How Free Speech Saved Democracy* by Christopher Finan. Uncovering vivid and engaging stories about First Amendment pioneers, Dr. Finan's new book shows how their struggle made possible the surging protests that aim to expand democracy today.

Please register online to receive the Zoom link for this program.

Teen Advisory Board

Open to teens in grades 9-12

We plan to meet **in person** for the rest of the school year! TAB is a great way to get your volunteer hours and help shape the direction of the Teen Room. We'll discuss and plan future teen programs and vote on teen books to add to the collection.



Meets on **Tuesdays** from 5:00 pm - 6:00 pm

March 29 • April 26 • May 24

Please pre-register online @ www.avonctlibrary.info

FRIENDS of the
Avon Free Public Library
281 Country Club Road
Avon, CT 06001

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Permit No. 6

Memory Care Series

The Avon Library recently partnered with the Avon Senior Center, Bloomfield Public Library and Canton Public Library to create a Memory Care series of programs. People living with dementia, caregivers and anyone who wants to learn more about dementia are encouraged to attend these upcoming programs:



Healthy Eating for People Living with Dementia

Thursday, March 24, 2022 @ 6:30 pm

Regular, nutritious meals may become a challenge for people living with dementia. This program will offer tips, suggestions, and resources to help both people living with dementia as well as their caregivers. Learn about:

- ◆ How to prepare healthy meals
- ◆ Healthy Eating- fresh fruits and vegetables, quality meats and protein, Farmer's Markets
- ◆ Menu planning
- ◆ Meal suggestions and ideas
- ◆ Changes in eating and swallowing as the dementia progresses
- ◆ Snacks, fun treats

Activities for People Living with Dementia

Thursday, April 21, 2022 @ 6:30 pm

One of the secrets to well-being in our later years is continuing to remain engaged with life through meaningful activities. Total Engagement promotes successful aging and life satisfaction with a unique collection of activities created to stimulate growth, curiosity, and enjoyment through self-discovery and creative expression. This program will help families and individuals understand fundamentals while helping them build a sound strategy to manage life with Alzheimer's and other forms of dementia.

These virtual programs will be presented via Zoom, and will be closed-captioned. Please register online (www.avonctlibrary.info) to receive the Zoom link for each program.

In addition to our program series, the Reference Department is curating a special new library collection focused on memory care. This collection will include books, DVDs, magazines and activities for people living with dementia & their caregivers. Look for this collection soon!

Program series & collection both generously funded by the Friends of the Avon Library