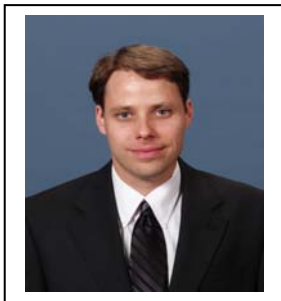




# Integrative Medicine for Arthritis Sufferers

Tuesday April 27, 2010 9:30am-10:30am



Avon Free Public Library  
281 Country Club Road  
Avon, CT. 06001

**Shawn M. Carney, ND**

a naturopathic doctor with Whole Health Associates LLC Avon

Osteoarthritis, also known as degenerative joint disease, is the most common form of the arthritic diseases affecting a large percentage of the population over 40 years of age. Dr. Carney will discuss how osteoarthritis develops, where it is commonly found, and how it varies from other forms of arthritis. He will cover specific dietary recommendations and supplements that may help stem debilitating complications of the disease.

Dr. Carney holds a doctorate in naturopathic medicine from the University of Bridgeport and employs botanical medicines, nutrition, homeopathy, counseling and physical medicine in his approach to optimizing health.

To register, call the Reference Desk 860-673-9712